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## NEWS

FOR IMMEDIATE RELEASE

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August 29, 2007

### **Health and Wellness Fair Planned for September 4**

**Neptune, NJ** – Meridian Health, comprised of Jersey Shore University Medical Center, Ocean Medical Center, Riverview Medical Center, and K. Hovnanian Children’s Hospital, and many partner companies, is partnering with Freehold Regional High School District and LDP Consulting Group, Inc., the district’s health benefits broker and consultant, and hosting a free health fair for the district on Tuesday, September 4, from 9:00 a.m. to 2:00 p.m. The fair will be take place in the Freehold Township High School Gymnasium, 281 Elton-Adelphia Road, Freehold.

Those attending the health fair include district teachers, administrators, and ancillary staff, along with members of local senior centers. The district consists of schools from Colts Neck, Manalapan, Freehold Boro, Freehold Township, and Howell. More than 1500 people are expected to attend.

“The Freehold Regional High School District is pleased to partner with Meridian Health in offering our employees the opportunity to attend this beneficial health fair. Offering valuable initiatives, such as this one, helps create a great work place for our staff,” explained Ilse Whisner, public information coordinator of the district.

At the fair, Meridian Health will provide free blood pressure, cholesterol, body fat, and bone density screenings. Health information, demonstrations, and health care professionals will also be present. Each person attending will also receive a free gift and the opportunity to participate in a raffle.

**T. 732.751.7500 • Meridian Health Line 1.800.560.9990 • [www.meridianhealth.com](http://www.meridianhealth.com)**  
Monmouth Shores Corporate Park • 1350 Campus Parkway • Neptune, NJ 07753

JERSEY SHORE UNIVERSITY MEDICAL CENTER • OCEAN MEDICAL CENTER • RIVERVIEW MEDICAL CENTER • PARTNER COMPANIES:  
MERIDIAN AFFILIATED FOUNDATIONS • MERIDIAN ASSISTED LIVING • MERIDIAN HEALTH RESOURCES • MERIDIAN HOME CARE • MERIDIAN HOSPICE  
MERIDIAN NURSING AND REHABILITATION • MERIDIAN OCCUPATIONAL HEALTH • ALERT AMBULANCE • HEALTH INNOVATIONS UNLIMITED  
INSTITUTE OF INTEGRATED HEALTH & WELLNESS • SHORE CARE • SHORE REHABILITATION INSTITUTE

Other exhibitors include LDP Consulting Group, Inc., a health benefits broker and consultant, Horizon Blue Cross Blue Shield of New Jersey, medical and prescription insurance provider, Delta Dental Plan of New Jersey, and Spectera, a vision care benefit provider.

For more information, please call the Meridian HealthLine at 1-800-560-9990.

### **About Meridian Health**

Meridian Health is a family of not-for-profit health care organizations comprised of Jersey Shore University Medical Center and K. Hovnanian Children's Hospital in Neptune, Ocean Medical Center in Brick, Riverview Medical Center in Red Bank, and Partner Companies that include home care agencies, long-term and assisted living communities, ambulatory care, ambulance services, and occupational health located throughout Monmouth and Ocean counties. Meridian Health's centers of excellence include cardiac care and surgery, orthopedics and rehabilitation, cancer care, and women and children's health. Meridian Health is the regional provider of trauma services and cardiac surgery, which has been ranked as one of the top programs in New Jersey. Meridian Health was the first health organization in the nation to achieve the prestigious Magnet designation for its nursing staff at each of its partner hospitals and has been named one of the top "Best Places to Work in New Jersey" by *NJBiz* magazine for three years in a row. For more information or for a physician referral, please call the Meridian Health Line at 1-800-560-9990 or visit us on the web at [www.meridianhealth.com](http://www.meridianhealth.com).

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# News Transcript

Colts Neck • Englishtown • Freehold • Manalapan • Marlboro

Front Page

September 19, 2007

## All in good health



Anthony Limaldi, a music teacher at Howell High School, has his cholesterol checked by Joann Cummings while visiting a health fair for employees of the Freehold Regional High School District. The idea of a health fair for the district's 1,500 employees was developed by LDP Consulting Group Inc., which is the district's health benefits broker and consultant. The health fair was held on Sept. 4 at Freehold Township High School. Area senior citizens were also invited to attend the special event.